

Numerical Modelling in Hemodynamics

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1 Continuum mechanical modelling / Hemorheology



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- 2 Numerical methods for blood flow simulations (FEM)



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- 3 Fluid-Structure interaction



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 - emphasis on preventing atherosclerosis by modifying risk factors: healthy eating, exercise and no smoking
- ⇒ importance of further detailed study e.g. using computational science



- averaged person: about 4.5 - 6 L blood; 6-8% body weight



Motivation

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Functions:

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- red blood cells (erythrocytes) ... 45%
- white blood cells (leukocytes), platelets ... 1%
- plasma ... 54 %



- leukocytes:
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 - ability to aggregate and form a branched 3D microstructure at low shear rates
 - deformability
 - tendency to align with the flow field at high shear rates
- ⇒ effect **non-Newtonian** behaviour of blood



Hemodynamic factors:

flow separation, flow recirculation, and oscillatory wall shear stress:

important role in the localization and development of vascular diseases \implies

- **healthy patient**: high shear rate, typical vessel lengths: no time to build microstructures

Newtonian models reasonable approximation



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- **disease states**: diseases in which the arterial geometry has altered (aneurysms), aggregates get more stable

non-Newtonian models more relevant



Non-Newtonian nature of blood

Blood: plasma + cells (45% volume concentration)

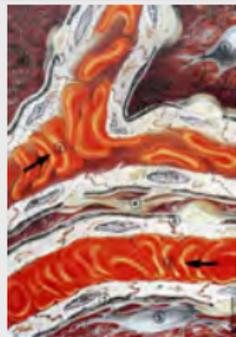
vessel	radius	RE
aorta	1.25	3400
arteries	0.2	500
arterioles	$1.5 \cdot 10^{-3}$	0.7
veins	0.25	140
vena cava	1.5	3300



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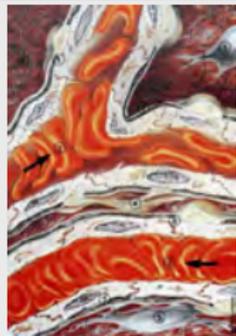
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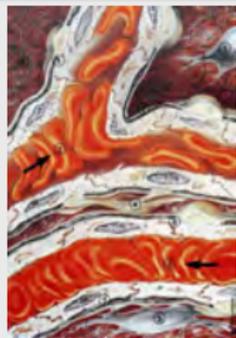
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- shear thinning
- viscoelasticity

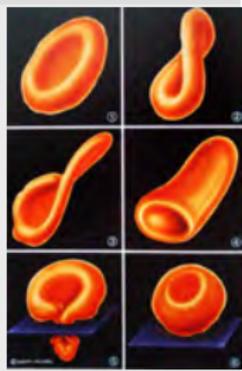
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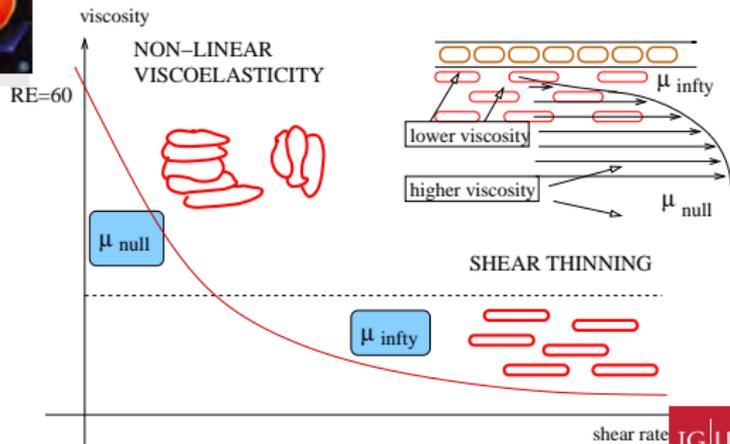


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$$Re = \frac{\rho UL}{\mu} \quad \alpha = \frac{L}{2} \sqrt{\frac{\rho \omega}{\mu}}$$

Reynolds and Wormesley number



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ρ ... density; $1.06 \times 10^{-3} \text{ kg} \cdot \text{m}^{-3}$,

U ... characteristic velocity,

$\mathbf{u} = (u_1, \dots, u_d)$... fluid velocity

L ... characteristic length

μ ... characteristic viscosity; $3 - 5.5 \text{ mPa} \cdot \text{s}$

ω ... characteristic angular frequency

$Re \in (0.0015, 6100)$ $\alpha \in (0.003, 30)$



Fig.1,2, 3



Viscosity

Typical units: $1 \text{ cP} = 10^{-3} \text{ Pa} \cdot \text{s} = 1 \text{ mPa} \cdot \text{s}$



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$$\mu_0 = \lim_{|D(\mathbf{u})| \rightarrow 0} \mu(|D(\mathbf{u})|), \quad \mu_\infty = \lim_{|D(\mathbf{u})| \rightarrow \infty} \mu(|D(\mathbf{u})|),$$

$$D(\nabla \mathbf{u}) := \left(\frac{1}{2} \left(\frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right) \right)_{i,j=1}^d$$



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- **Asymptotic limits:**

$$\mu_0 = 65.7 \text{ cP} (20^\circ \text{C}), \quad \mu_0 = 45.1 \text{ cP} (37^\circ \text{C})$$

$$\mu_\infty = 4.47 \text{ cP} (20^\circ \text{C}), \quad \mu_\infty = 3.07 \text{ cP} (37^\circ \text{C})$$

Non-Newtonian models

Mathematical model

Flow problem

Structure equation

Fluid-structure interaction



- shear-thinning properties

$$\rho \partial_t \mathbf{u} + \rho (\mathbf{u} \cdot \nabla) \mathbf{u} - \operatorname{div} [2\mu(|D(\mathbf{u})|)D(\mathbf{u})] + \nabla p = 0$$

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Carreau-Yasuda model

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 - ability to store and release energy (from its branched 3D structures)
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 - the simplest model that captures the shear rate dependence and elasticity the rate-type shear thinning model ([Oldroyd-B type model](#))

$$\boldsymbol{\tau} = -p\mathbf{I} + \boldsymbol{\tau}^v + \boldsymbol{\tau}^e$$

$$\lambda \left(\frac{\partial \boldsymbol{\tau}^e}{\partial t} + \mathbf{u} \cdot \nabla \boldsymbol{\tau}^e - \boldsymbol{\tau}^e \cdot (\nabla \mathbf{u})^T - \nabla \mathbf{u} \cdot \boldsymbol{\tau}^e \right) + \boldsymbol{\tau}^e = 2 \left(\frac{\mu(D(\mathbf{u}))}{\mu_0} - (1 - \alpha) \right) D(\mathbf{u})$$

$$\operatorname{div}(\mathbf{u}) = 0$$

$$\operatorname{Re} \left(\frac{\partial \mathbf{u}}{\partial t} + \mathbf{u} \cdot \nabla \mathbf{u} \right) = -\nabla p + (1 - \alpha) \Delta \mathbf{u} + \operatorname{div}(\tau^e) + \mathbf{f}$$

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- flow characteristic: **Weissenberg number** $\operatorname{We} = \frac{U\lambda}{L}$
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- nonlinear coupled parabolic-hyperbolic system
- singular behaviour for large Reynolds, Weissenberg

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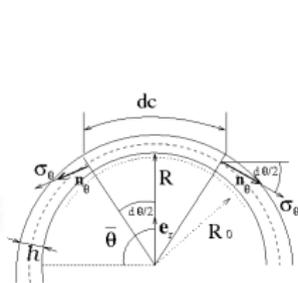
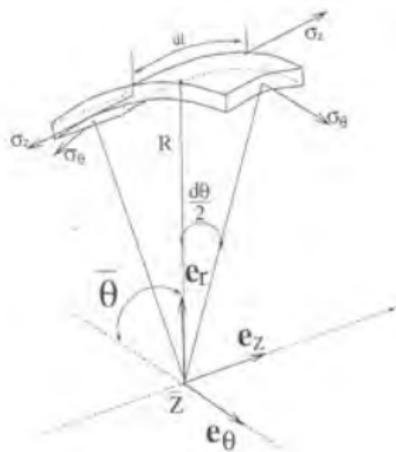
Domain deformation

Unknown $\eta(x_1, t) = R(x_1, t) - R_0(x_1) \implies$ **generalized string model** for cylindrical geometry with a non-constant reference radius $R_0(x_1)$:

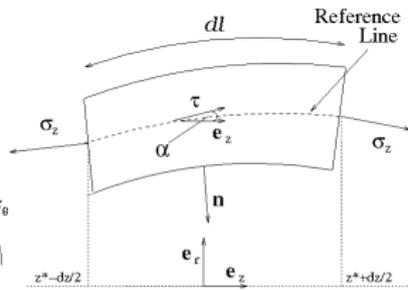
$$\begin{aligned} \frac{\partial^2 \eta}{\partial t^2} - \frac{|\sigma_{x_1}|}{\rho_w} \frac{\left(\frac{\partial^2 \eta}{\partial x_1^2} + \frac{\partial^2 R_0}{\partial x_1^2} \right)}{\left[1 + \left(\frac{\partial R_0}{\partial x_1} \right)^2 \right]^2} + \frac{E\eta}{\rho_w (R_0 + \eta) R_0} - c \frac{\partial^3 \eta}{\partial t \partial x_1^2} \\ = \frac{(-\mathbf{T}_f \mathbf{n} \cdot \mathbf{e}_r - P_w)}{\rho_w h} \end{aligned}$$

- ρ_w wall density
- h wall thickness
- E the Young modulus of elasticity
- $|\sigma_{x_1}| = E/3$ shear modulus
- c viscoelastic constant





Transversal Section



Longitudinal Section

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Fluid-domain interaction, decoupling

- fluid and geometry are **coupled**



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- 1 Dirichlet boundary condition

$$\mathbf{u}(x_1, R_0 + \eta, t) = \frac{\partial \eta}{\partial t} \mathbf{N} \quad \text{on } \Gamma^w, \quad (1)$$

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$$\mathbf{T}_S \mathbf{N} = \mathbf{T}_f \mathbf{N}$$

the equation for domain deformation (1).

